

Poco Pelo

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MUSIC: "Poco Pelo" Los Matas (Latin Music 8) Dancehouse (available at Casa Musica)
PHASE / RYHTUM: Phase 5 + 2 (Turkish Towel, Follow My Leader) / Cha SPEED: Slow for Comfort
FOOTWORK: Opposite Except Where Noted
SEQUENCE: Intro, A, B, C, B, A, D, C, TAG
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INTRO

- 1-4 WAIT; WAIT; SPOT / TIME; TIME / SPOT;
1-2 In "BFLY" pos WALL M's L and W's R free wait two meas;;
QQQ&Q 3 {Spot / Time} M XLIF of R release hnds trn RF fc LOD, fwd R fc ptr, sd L / cl R, sd L (W XRIB of L, rec L, sd R / cl L, sd R);
QQQ&Q 4 {Time / Spot} M XRIB of L, rec L, sd R / cl L, sd R (W XLIF of R release hnds trn RF fc RLOD, fwd R fc ptr, sd L / cl R, sd L);

PART A

- 1-8 CK THRU TO RLOD, REC RONDE TO SAILOR SHUFFLE FACE LOD;
ADIA WITH TRIPPLE CHA'S;; SWITCH RK WITH CUBAN ENDING;
NEW YORKER WITH LADIES TWIRL; TO LARIET WITH TRIPPLE CHA'S;;
KNEE POINT WITH SAILOR SHUFFLE;
QQQ&Q 1 {Ck Thru, Rec with Ronde, To Sailor Shuffle} Ck thru L to RLOD, rec R and ronde lt foot CCW to fc LOD, XLIB of R / small sd R, rec L to OP LOD;
QQQ&Q 2-3 {Adia with Tripple Cha's} Thru R comm RF trn, sd L cont RF trn to bk to bk "V" pos, bk R / lk Q&QQ&Q LIF, bk R; bk L / lk RIF, bk L, bk R / lk LIF, bk R;
QQQ&Q 4 {Switch Rk with Cuban Break Ending} Trng LF to face ptr sd L checking, rec R, XLIF of R / rec R, sd L;
QQQ&Q 5 {New Yorker with Ladies Twirl} Ck thru R to LOD, rec L to fc ptr, sd R / cl L, sd R (W ck thru L, rec R, twirl LF L / R, L to end fcng COH);
QQQ&Q 6-7 {Lariat with Tripple Cha's} M push sd L taking right sd out of W's path, rec R, in pl L / R, L (W Q&QQ&Q fwd R, fwd L, fwd R / lk LIB, fwd R); M in place R / L, R, L / R, L (W fwd L / lk RIB, fwd L, fwd R / lk LIB, fwd R to face ptr);
--Q&Q 8 {Knee Point & Sailor Shuffle} Lift R knee across, pnt R sd, XRIB of L / small sd L, rec R;

PART B

- 1-8 HALF BASIC TO NATURAL TOP;; NATURAL OPENING OUT LADIES SPIRAL;
CROSS BODY; CROSS BASICS WITH GUAPACHA TIMING;;
FENCE LINE; RUMBA SPOT TURN;
QQQ&Q 1-2 {Half Basic to Natural Top} Rk fwd L, rec R, sd L / cl R, sd L blending to CP RLOD (W rk QQQ&Q bk R, rec L, sd R / cl L, XRIF); M XRIB comm RF trn, sd L cont trn, XRIB / sd L, cl R to face WALL (W sd L comm RF trn, XRIB cont trn, sd L / XRIB, sd L);
QQQ&Q 3 {Natural Opening Out Ladies Spiral} Fwd L on ball of foot with press into floor body trn to right, rec R to fc WALL, sd L / cl R, sd L taking lead hand over ladies head and lead ladies to spiral (W trng ½ RF bk R, rec L and trn ½ LF, sd R / cl L, sd R and spiral LF to fc LOD);
QQQ&Q 4 {Cross Body} M bk R behind L comm LF trn, rec L cont trn to BFLY face COH, sd R / cl L, sd R (W fwd L to DC comm LF trn, fwd R cont trn to face wall, sd L / cl R, sd L);
-&QQ&Q 5-6 {Cross Basics with Guapacha Timing} Draw L twd R / XLIF of R trn ½ LF, rec bk R, sd L / cl R sd L (W draw R twd L / XRIB of L trn ½ LF, rec fwd L, sd R / cl L, sd R); M draw R twd L / XRIB of L trn ½ LF, rec fwd L, sd R / cl L, sd R (W draw L twd R / XLIF of R trn ½ LF, rec bk R, sd L / cl R, sd L) to BFLY WALL;
QQQ&Q 7 {Fence Line} XLIF in fence line twd RLOD, rec R, sd L / cl R, sd L;
QQS 8 {Rumba Spot Trn} XRIF of L release hnds trn LF fc RLOD, fwd L to fc ptr, sd RL to BFLY,-;

PART C

1-8 TURKISH TOWEL (ALAMENA ENTRY) EXTENDED;:::: CROSS BODY TO A FAN;
HOCKEY STICK:::

- QQQ&Q 1-5 {Turkish Towel Extended} M fwd L joining right hands, rec R, bk L / lk R, bk L (W bk R, rec L, sd & fwd R / lk L, fwd R); M bk R, fwd L, fwd R / cl L, sd & bk R (W XLIF of R trn RF under joined rt hands, fwd R cont trn, fwd L / R, L around men to end in bk of and to his left sd and join left hands in Varsou pos); M ck bk L, rec R, sd L / cl R, sd L to chg sides (W ck fwd R, rec L, sd R / cl L, sd R to men's rt sd); M ck bk R, rec L, sd R / cl L, sd R to chg sides (W ck fwd L, rec R, sd L / cl R, sd L to men's lt sd); M ck bk L, rec R, sd L / cl R, sd L to chg sides (W ck fwd R, rec L, sd R / cl L, sd R to men's rt sd);
- QQQ&Q 6 {Cross Body To A Fan} M bk R, rec L, sd R / cl L, sd R (W fwd L comm LF trn, fwd R cont trn to face RLOD, bk L / lk R, bk L);
- QQQ&Q 7-8 {Hockey Stick} Fwd L, rec R, in pl L/R, L (W cl R, fwd L, fwd R / lk LIB, fwd R); Bk R, rec L, sd & fwd R / cl L, sd & fwd R follow ladies (W fwd L, fwd R trn LF to fc ptr, sd L / cl R, sd L travel twd RDW);

PART D

1-8 ALEMANA TO FOLLOW MY LEADER;:::: STOP & GO:::

- QQQ&Q 1-6 {Alemanana to Follow My Leader} M fwd L, rec R, bk L / lk R, bk L (W bk R, rec L, sd & fwd R / lk L, fwd R); XRIB of L leading ladies to trn under joined lead hands and comm RF trn, rec fwd L cont trn to DC and release joined hands, fwd R / lk L, fwd R (W fwd L trng RF under joined lead hands, fwd R cont trn releasing hands, fwd L / lk R, fwd L) ending in tandum DC; M fwd L comm LF trn, fwd R cont trn to DW, fwd L / lk R, fwd L (W fwd R comm LF trn, fwd L cont trn to DW, fwd R / lk L, fwd R) ending tandum DW; M fwd R comm RF trn, fwd L cont RF trn to DC, fwd R / lk L, fwd (W fwd L comm RF trn, fwd R cont trn, fwd L / lk R, fwd L); M fwd L comm LF trn, fwd R cont trn to DW, fwd L / lk R, fwd L (W fwd R comm LF trn, fwd L cont trn to DW, fwd R / lk L, fwd R) ending tandum DW; M rk bk R, rec L to fc WALL, fwd R / lk L, fwd R (W fwd L comm RF trn, fwd R cont trn to fc COH, fwd L / lk R, fwd L) to BFLY;
- QQQ&Q 7-8 {Stop & Go} M rk bk L, rec R, small fwd L / R, L M catches W with R hand on W's L shldr blade at end of cha to stop her movement (W rk bk R, rec L, fwd R / lk L, fwd R trng ½ LF under jnd lead hands to end at M's R sd); M rk fwd R, rec L, small bk R / L, R (W rk bk L take L arm up, rec R, fwd L / lk R, fwd L trng ½ RF under jnd lead hands) to end LOP M fcg ptr & Wall;

TAG

1-4 HALF BASIC TO NATURAL TOP::: NATURAL OPENING OUT LADIES SPIRAL;
LADIES ROLL OUT TWO & LUNGE TO STORK LINE;

- QQQ&Q 1-2 {Half Basic to Natural Top} Repeat measures 1 and 2 of Part B;;
- QQQ&Q 3 {Natural Opening Out Ladies Spiral} Repeat measures 3 of Part B;
- QQQQ 4 {Ladies Roll Out Two and Lunge to Stork Line} M hold, hold, lunge sd R, and point L to LOD (W fwd L comm LF roll, fwd R cont trn to fc WALL, lunge sd L, and lift rt leg to Stork Line);